FOUNDED 1924

Season 2000

FOUNDED 1924

Affiliated to

British Cycling Federation
Croydon and District Cycling Association
Eastern Counties Cycling Association
Kent Cycling Association
Road Records Association
Road Time Trials Council
Southern Counties Cycling Association
Southern Road Records Association
Surrey Road Racing League
West London Cycling Association

This Handbook Belongs to

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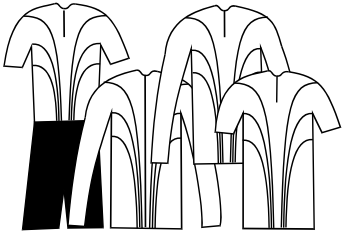
1. GENERAL INFORMATION

1.1 Club Clothing



- Skin suits - £54.00
- Track tops - £32.00
- Long sleeve racing vests - £35.00
- Short sleeve racing vests - £27.50 to £32.50
- Short sleeve skin vests - £30.50 to £35.00
- Helmet cover - £6.50

The above stock items are printed in Club colours and include "SERC" wording. If out of stock, these and other garments can be ordered separately - price on application.

Club Room. The Club meets at the Shirley Youth and Community Centre, Bridle Road, Shirley on Thursday evenings from 7.30 to 10.00 p.m. The Secretary or Treasurer are usually in attendance. General information including minutes of committee meetings etc. are displayed on the notice board.

RTTC Handbooks. These are usually available from the Club secretary during February and March.

BCF Handbooks. These are best purchased upon joining the BCF.

Weekly Journals. Club news is published in the *Croydon Advertiser*, Fridays.

Internet Web Site. Club information and photos can be found at :- http://members.aol.com/sercuk/serc1.html

1.2 Diary of Events 2000

(Dates in **bold** type will require volunteers)

Date	Event	Dist.	Course	Start
11/3	Early Season	10	G10/42	10:00
2/4 *	Moon Trophy (SCCU - RTTC forms reqd.)	25	G25/53	07:30
19/4	Evening	10	G10/38	19:00
23/4	**Open '2up' TTT**	**26.5**	**GS/492**	**08:00**
03/5 *	Spring Evening	10	G10/38	19:15
17/5	Evening	10	G10/38	19:30
31/5 *	Late Spring Evening	10	G10/38	19:30
04/06	**F. W. Evans Open**	**25**	**G25/18**	**06:30**
10/6 *	Summer	10	G10/42	08:00
11/6 *	Interclub	50	E1	08:00
14/6	Inter-Club Evening	10	G10/38	19:30
24/6 *	Handicap Club	10	G10/42	07:15
28/6 *	Midsummer Evening	10	G10/38	19:30
12/7	Evening	10	G10/38	19.30

Diary of Events 2000 cont.

Date	Event	Dist.	Course	Start
20/7	Inter-Club Evening	12.4	GS/382	19:30
22/7	**Lou Smith Memorial**	**10**	**G10/57**	**06:30**
26/7	Evening	10	G10/38	19:30
3/8	**Surrey League RR**	**Newchapel**		**19:15**
6/8	Summer Club Run - Buffet Lunch	Venue to be announced		
9/8	Evening	10	G10/38	19:00
23/8	Evening	10	G10/38	18:45
26/8	Thistle Cup 10	10	G10/38	08:00
03/9 *	CDCA Autumn 25	25	G25/18	08:15
10/9 *	Club 25 (SCCU - RTTC forms reqd.)	25	G25/53	07:00
1/10 *	Hill Climb (Star Hill)	1.4k	GH/35	09:00
1/10	Twits '2up' TTT	10	G10/38	10:30
3/12	Annual Luncheon and Prize Presentation.			
TBA	Christmas Club Run			

*** Events counting towards the Clubman Trophy and the Veterans' Trophy (except the Hill Climb for Vets).**

1.3 Club Officers 2000

President
F. E. BROWN

Vice Presidents
MRS L. J. DONINGTON, MRS A. SEDDON,
P. T. ABBOTT, S. H. CLINCH, R. G. DONINGTON,
R. L. HARVEY, H.W. PINK, W.F. SLIMMON, F. W. WHITE

General Secretary
C.T. DERRICK

Treasurer
S. H. CLINCH

Assistant Secretary
P. T. ABBOTT

Assistant Treasurer
P. G. MITCHELL

Club Events Secretary
P. T. ABBOTT

Club officers 2000 - cont.

Assistant Club Events Secretary
M. P. OLNEY

Time Trial Secretary
P.T. ABBOTT

BCF Secretary
T. J. EICHHOLTZ

School Persons' / Juniors' Secretary
Vacant - contact General Secretary if you have a wish to fill this vacancy or have any ideas on this position.

Cyclo-Cross / ATB Secretary
M. P. OLNEY

Social Secretary
Mrs S. SMITH

Old Members' Secretary
Mrs K ISHERWOOD

Press Secretary
P. T. ABBOTT

Club officers 2000 - cont.

Committee:
Mrs S. Smith, P. T. Abbott, A. F. Brown,
F. E. Brown, S. H. Burns, S. H. Clinch, C. T. Derrick,
T. J. Eichholtz, P. G. Mitchell,
M. P. Olney, H. W. Pink, F. Smith.

Timekeepers:
Mrs V. White, P. T. Abbott, A. F. Brown,
S. H. Burns, M. Burns, L. Humphrey, M. P. Olney.

Hcp. Panel (any 1):
P.T. Abbott, F.E. Brown, S. H. Clinch, R. L. Harvey,
P. G. Mitchell, M. P. Olney, H. W. Pink.

Auditors: **Mrs D. Harvey, F. Brodie,**

Trustees: **A. F. Brown, S. H. Clinch, H. W. Pink**

1.4 Useful Telephone Numbers

- British Cycling Federation
- Road Time Trials Council
- Cyclists' Touring Club
- British mountain Biking
- British Cyclo-Cross Association
- League of Veteran Racing Cyclists
- English Schools Cycling Association
- Audax
- Surrey League Hotline
- Kent League

1.5 Members Information

1.5.1 You can expect from the Club:

- A full calendar of Club events including Wednesday evening events from April to September. *(See diary section 1.2)*
- Assistance, advice and coaching from the Racing Secretaries and Committee members.
- Organised Club runs and training rides during the closed season.
- Regular racing reports, result sheets and news items throughout the season.
- The use of the rollers at the clubroom for training and monthly competitions.
- Free participation in all clubroom activities including darts, film/slide shows, table tennis and snooker. Refreshments are also on sale.
- Prize values in all Club Time Trials and other events.

(See racing rule 3, section 3.2)

- Trophies awarded for season's best performances.

(See section 4.1)

- Standard medals for personal best performances at each distance. *(See racing rule 10, section 3.2 and Standard Tables in section 4.2)*

1.5.2 The Club expects you to:

- Be of good behaviour and ride cleanly and to the best of your ability when participating in all events.
- Cultivate the team spirit, even when in search of individual honours.
- Volunteer to help with marshalling duties in the various Club promotions and Association events.
- Help to sell Christmas draw tickets and help with other fund raising activities. It is from the proceeds of these that the Club is able to carry out the extensive racing programme.
- Attend Club runs where possible.
- Not to give up if performances are poor, but train harder. It is better to be a "has been" than a "never was" !
- Have fun and enjoy cycling !

NB. The committee advises all members to join the Cyclists Touring Club or the British Cycling Federation in order to obtain third party insurance and legal benefits to cover them while riding.

2. AWARD WINNERS

2.1 Trophy Holders – 1999 season

STONE TIME TRIAL		
CHAMPIONSHIP CUP	**D. STEER**	**25.363 mph**
MENS' 10 CUP	**S. MARCHANT**	**19-54**
MENS' 25 CUP	**S. MARCHANT**	**51-43**
CLUB 30 CUP	**L. HUMPHREY**	**1-20-12**
CLUB 50 CUP	**D. STEER**	**1-55-46**
SECTION 50 CUP	**D. STEER**	**2-02-47**
CLUB 100 CUP	**D. STEER**	**4-10-10**
CLUB 12 Hour CUP	**D. STEER**	**246.83 mls.**
CLUBMAN TROPHY	**D. STEER**	**99½ pts.**
TOM CANNON SHIELD	**S. MARCHANT**	
THISTLE CUP	**M. P. OLNEY**	**24-19**
THE SLADE CUP	**D. STEER**	**2-02-47**
SUNDOWNER CUP	**S. MARCHANT**	
VETERANS' TROPHY	**P. T. ABBOTT**	**37 pts**
VETERANS' B.A.R TROPHY	**P. A. ABBOTT**	**+5.39 mph**
SHORT DISTANCE		
VETERANS' COMPETITION	**P. T. ABBOTT**	**+48-34**
PALMER SHORT DISTANCE		
CHAMPIONSHIP	**D. STEER**	**26.333 mph**

HILL CLIMB CHAMPIONSHIP	**S. MARCHANT**	**3 34.0**
BLAIN CUP	**A. F. BROWN**	
LADIES' 10 CUP	**not awarded**	
LADIES' 25 CUP	**not awarded**	
LADIES' PLAQUE	**not awarded**	
LADIES' EVENING 10 CUP	**not awarded**	
JUNIOR CHAMPIONSHIP CUP	**not awarded**	
TRICYCLE 25 TROPHY	**not awarded**	
NOVICES PLAQUE	**not awarded**	
J. F. E. WILDE		
MEMORIAL TROPHY	**not awarded**	
EVENING 10 CUP	**not awarded**	
MIKE MAY TROPHY	**not awarded**	
SCHOOLBOY		
CYCLO-CROSS TROPHY	**not awarded**	

OPEN EVENT TROPHIES:

F. W. EVANS (LCMA) 25	**P. WOODMAN**	**54-00**
	(Team 2000)	
OLD MEMBERS' TROPHY	**K. CRAVEN**	**+8-34**
	(Crescent CC)	
LOU SMITH		
MEMORIAL SALVER	**K. CRAVEN**	
	(Eastbourne Rovers CC)	
TEAM TIME TRIAL SHIELD	**S. HURSTHOUSE/**	**1-01-58**
	L. EVANS	
	(Sydenham W.)	

2.2 Clubman Trophy Table - 1999

	Moon 25 18 April	Spri. 10 5 May	L. Spr 10 2 June	Sum. 10 12 June	Thistle10 30 June
D Steer	7 (7)	-	8 (6)	7 (5)	-
P Abbott	5 (4)	6 (7)	-	-	5 (7)
C Castro	-	7 (6)	6 (4)	-	8 (8)
P Mitchell	6 (5)	4 (3)	-	-	7 (3)
M Olney	8 (8)	-	7 (7)	8 (6)	-
C Derrick	-	5 (8)	4 (8)	-	4 (4)
A Walker	-	-	5 (5)	-	6 (6)
C Willsher	-	-	3 (3)	6 (8)	-
K McKenzie	-	-	-	5 (7)	3 (5)
G Freeman	4 (6)	-	-	-	-
L Humphrey	3 (3)	-	-	-	-
R Goff	-	3 (5)	-	-	-
D Olney	-	-	-	-	-
F Brodie	-	-	-	4 (4)	1 (1)
S Marchant	-	-	-	-	-
T Eichholtz	-	-	-	-	-
M Twitchett	-	-	-	-	-
F Brown	-	-	-	-	2 (2)
R Harvey	2 (2)	-	-	-	-
S Burns	-	-	-	-	-
S Nuttall	-	-	-	-	-
S Hills	-	-	-	-	-

(Handicap points in Brackets)

Inter 50 7 July	Midsum 10 28 July	Club 25 5 Sept	Autumn 25 12 Sept	Hill Climb 3 Oct	Points Total
8 (8)	8 (6)	8 (5)	-	4½	99½
5 (7)	1 (2)	5 (4)	7 (6)	-	71
-	7 (1)	7 (3)	-	6	63
7 (6)	6	-	8 (5)	-	60
-	5	-	-	4½	53½
-	-	3	-	-	43
6 (5)	4	4	-	-	41
3 (3)	-	(8)	-	-	34
-	(8)	-	-	-	28
-	-	-	6 (8)	-	24
4 (4)	-	1 (7)	-	-	22
-	-	-	5 (7)	-	20
-	2½ (4½)	6 (6)	-	-	19
-	-	-	-	-	10
-	-	-	-	8	8
-	-	-	-	7	7
-	2½ (4½)	-	-	-	7
-	-	2	-	-	6
-	-	(2)	-	-	6
-	(3)	(1)	-	-	4
-	-	-	-	3	3
-	-	-	-	2	2

1999 SEASON

2.3 Club Records

2.3.1 Mens Record Holders

10 mile	*BICYCLE*	**S. MARCHANT**	**1999**	**19 54**
	BICYCLE, JUN	**M. F. OLIVER**	**1980**	**21 17**
	TRICYCLE	**R. HALLETT**	**1982**	**23 36**
	TANDEM	**R. G. DONINGTON** **S. H. CLINCH**	**1982**	**20 10**
25 mile	*BICYCLE*	**S. MARCHANT**	**1999**	**51 54**
	BICYCLE, JUN	**M. EWER**	**1980**	**55 41**
	TRICYCLE	**R. HALLETT**	**1983**	**59 23**
	TANDEM	**R. G. DONINGTON** **S. H. CLINCH**	**1982**	**51 06**
30 mile	*BICYCLE*	**S. MARCHANT**	**1983**	**1 06 04**
	TRICYCLE	**A. R. HILLS**	**1985**	**1 17 00**
	TANDEM	**R. G. DONINGTON** **S. H. CLINCH**	**1981**	**1 02 44**
	TANDEM *TRICYCLE*	**D. G. IVEY** **P. WYATT**	**1955**	**1 13 58**
50 mile	*BICYCLE*	**S. MARCHANT**	**1996**	**1 50 08**
	BICYCLE, JUN	**M. EWER**	**1980**	**2 03 14**
	TRICYCLE	**P. HOLLAND**	**1968**	**2 11 10**
	TANDEM	**M. G. TWITCHETT** **R. G. HOOKER**	**1962**	**1 50 02**
	TANDEM *TRICYCLE*	**D. G. IVEY** **P. WYATT**	**1955**	**2 07 50**

100 mile	*BICYCLE*	**S. MARCHANT**	**1992**	**3 58 22**
	TRICYCLE	**R. HALLETT**	**1984**	**4 19 58**
	TANDEM	**H. W. PINK** **L. J. SMITH**	**1964**	**4 02 47**
	TANDEM *TRICYCLE*	**D. G. IVEY** **P. WYATT**	**1956**	**4 33 01**
12 Hour	*BICYCLE*	**S. MARCHANT**	**1997**	**259.794**
	TRICYCLE	**R. HALLETT**	**1983**	**233.610**
	TANDEM	**J. H. BAINBRIDGE** **C. F. LOWE**	**1962**	**252.000**
24 Hour	*BICYCLE*	**S. MARCHANT**	**1997**	**467.180**
	TRICYCLE	**D. G. IVEY**	**1956**	**398.875**
CLUB HILL CLIMB *STAR HILL (before1997)*		**U. DRAKE**	**1983**	**3-13.6**
STAR HILL 1997		**S. MARCHANT**	**1999**	**3-34.0**

PURLEY TO EAST GRINSTEAD AND BACK (32 Miles Approx.)

BICYCLE	**R. G. DONINGTON**	**1970**	**1 25 49**
TRICYCLE	**R. S. OXBROW**	**1964**	**1 38 16**

PURLEY TO WORTHING AND BACK (89 Miles Approx.)

BICYCLE	**H. W. PINK**	**1952**	**4 11 40**

PRATTS BOTTOM TO WEALD AND BACK (21 miles, 539 yards)

BICYCLE	**B. A. WALKER**	**1971**	**54.16**

2.3.2 Ladies Record Holders

10 mile	*BICYCLE*	**M. KENT**	**1979**	**24 57**
	TRICYCLE	**M. SIMMONDS**	**1966**	**30 24**
15 mile	*BICYCLE*	**M. OXBROW**	**1968**	**47 16**
25 mile	*BICYCLE*	**L. J. SMITH**	**1968**	**1 03 55**
	TRICYCLE	**M. SIMMONDS**	**1966**	**1 17 53**
30 mile	*BICYCLE*	**M. KENT**	**1980**	**1 19 02**
	TRICYCLE	**M. OXBROW**	**1968**	**1 37 07**
50 mile	*BICYCLE*	**M. KENT**	**1979**	**2 14 47**
100 mile	*BICYCLE*	**J. E. BROOKER**	**1950**	**4 47 47**
12 hr	*BICYCLE*	**J. E. BROOKER**	**1950**	**223.875**

PURLEY TO EAST GRINSTEAD AND BACK (32 Miles Approx.)

BICYCLE	**P. A. BLAKE**	**1955**	**1 33 48**

SCHOOLGIRL (UNDER 16) - QUALIFYING TIMES FOR CLUB RECORDS TO BE ESTABLISHED

10 miles - 27 30	**25 miles 1-10-00**

2.3.3 Veterans Age Standard Records

10 mile	*BICYCLE*	**P. T. ABBOTT**	**1998**	**+6-31**
25 mile	*BICYCLE*	**P. T. ABBOTT**	**1997**	**+18-03**
30 mile	*BICYCLE*	**P. T. ABBOTT**	**1997**	**+16-15**
50 mile	*BICYCLE*	**P. T. ABBOTT**	**1997**	**+37-00**
100 mile	*BICYCLE*	**P. T. ABBOTT**	**1997**	**+1-23-11**
12 hr	*BICYCLE*	**P. G. MITCHELL**	**1998**	**+2.66**

2.3.4 School Persons' Record Holders (Under 16)

10 mile	*BICYCLE*	**K. SMITH**	**1982**	**23 13**
25 mile	*BICYCLE*	**K. SMITH**	**1982**	**59 12**

2.3.5 Mens Track Records Holders

(F.S. - Flying Start, S.S. - Standing Start)

200m F.S.	*BICYCLE*	**A. P. RUSSELL**	**1981**	**12.00 s**
¼ mile F.S.	*BICYCLE*	**S. H. CLINCH**	**1968**	**27.40 s**
	TRICYCLE	**P. HOLLAND**	**1967**	**33.60 s**
	TANDEM	**T. STANTON** **G. HUTCHINS**	**1968**	**26.80 s**
½ mile F.S.	*TANDEM*	**T. STANTON** **G. HUTCHINS**	**1968**	**57.00 s**
1000m S.S.	*BICYCLE*	**A. P. RUSSELL**	**1982**	**1-13.60**
4000m S.S.	*INDIVIDUAL*	**S. MARCHANT**	**1982**	**5-20.60**
	TEAM	**S. H. CLINCH**	**1966**	**5-21.00**
		R. G. DONINGTON		
		P. HOLLAND		
		R. E. SLIMMON		

2.3.6 Ladies Track Records Holders

¼ mile F.S.	*BICYCLE*	**L. J. SMITH**	**1969**	**34.60 s**
1000m S.S.	*BICYCLE*	**L. J. SMITH**	**1969**	**1-32.40**
3000m S.S.	*INDIVIDUAL*	**L. J. SMITH**	**1969**	**4-43.00**
4000m S.S.	*INDIVIDUAL*	**J. M. OBORNE**	**1956**	**6-51.70**

2.3.7 Team Records Holders

10 mile	*BICYCLE*	**1983**	**G213**	**M. F. OLIVER**	20 22
				R. HALLETT	20 42
				S. MARCHANT	20 55
					1 01 19
25 mile	*BICYCLE*	**1981**	**Q25/3**	**M. EWER**	54 33
				M. F. OLIVER	54 36
				S. MARCHANT	55 08
					2 44 17
25 mile	*TRICYCLE*	**1982**	**K39**	**R. HALLETT**	1 01 52
				I. RUSSELL	1 08 03
				P. HOLLAND	1 13 30
					3 23 25
25 mile	*TANDEM*	**1978**	**H90**	**R. G. DONINGTON**	53 29
				S. H. CLINCH	
				M. ROBERTS	55 10
				P. HOLLAND	
					1 48 39
30 mile	*BICYCLE*	**1988**	**E72/30**	**G. HACKETT**	1 08 54
				F. E. BROWN	1 09 34
				R. L. HARVEY	1 13 10
					3 31 38
30 mile	*TRICYCLE*	**1969**	**E85**	**P. HOLLAND**	1 25 36
				J. W. COWLEY	1 32 41
				G. WILLIAMS	1 48 13
					4 46 30
30 mile	*TANDEM*	**1956**	**G18**	**R. H. GRAVENER**	1 03 48
				L. J. SMITH	
				H. W. PINK	1 06 23
				R. A. OBORNE	
					2 10 11

50 mile	*BICYCLE*	**1972**	**E5**	**R. G. DONINGTON**	1 57 13
				R. H. CORBY	1 58 33
				M. G. TWITCHETT	2 01 40
					5 57 26
50 mile	*TRCYCLE*	**1954**	**F1**	**D. G. IVEY**	2 29 10
				R. J. SEATON	2 34 39
				A. J. WALLER	2 42 28
					7 46 17
50 mile	*TANDEM*	**1958**	**H3**	**R. H. GRAVENER**	1 51 13
				L. J. SMITH	
				H. W. PINK	1 52 40
				R. A. OBORNE	
					3 43 53
100 mile	*BICYCLE*	**1972**	**E38**	**R. G. DONINGTON**	4 09 40
				R. H. CORBY	4 20 52
				P. T. ABBOTT	4 24 13
					12 54 45
12 hr	*BICYCLE*	**1965**	**A14**	**J. H. BAINBRIDGE**	249.440
				A. W. WALKER	247.700
				R. S. BUSH	233.450
					730.590
12 hr	*TRCYCLE*	**1954**	**Q82**	**D. G. IVEY**	216.491
				R. J. SEATON	202.050
				L. G. SMALDEN	181.326
					599.868
24 hr	*TRICYCLE*	**1954**	**G34**	**D. G. IVEY**	390.066
				A. J. WALLER	339.594
				L. G. SMALDEN	324.646
					1054.306

2.4 Club Honours

2.4.1 Badge of Honour (See section 4.1.2)

1933	F. W. Evans
1936	G. H. Wilcox
1939	F. Slade
1946	W. F. Slimmon
1948	J. F. E. Wilde
1951	T. W. Miles
1955	Mrs. J. E. Brooker
1955	A. R. G. Stone
1962	Mrs. A. Smith
1962	H. W. Pink
1964	W. T. Laws
1964	L. J. Smith
1967	J. Grant
1967	C. T. Derrick
1975	R. A. Oborne
1976	Mrs. L. J. Donington
1976	R. G. Donington
1980	S. H. Clinch
1984	P. T. Abbott
1993	R. L. Harvey
1997	F. E. Brown

2.4.2 Honorary Life Members
(See General Rule 5, section 3.1)

1963	Mrs. J. Brooker
1969	W. F. Slimmon
1970	E. L. Clinch
1976	Mrs. L. E. Smaldon
1986	Mrs. A. Dumbell
1990	H. W. Pink

3 Club Rules

3.1 General Rules

1. Name. The Club shall be called the "SOUTH - EASTERN ROAD CLUB", and the Club colours shall be Orange, Black and Green on a White background.

1a. Club Racing Jersey. The official design to be agreed by the committee and ratified by the members at a special G.M. or A.G.M.

2. The Object of the Club: The promotion of all aspects of cycling and associated events.

3. Subscriptions. The annual subscriptions will be £15.00 for members over 18 years of age, £4.00 for members 16-18 years, £3.00 for members under 16 years and £5.00 for senior citizens, payable on election and thereafter on the 1st November in advance for the year. New members elected after 30th September in any year, shall on payment of one years subscription be entitled to all the privileges of membership until 31st October in the following year.

4. Candidates. Candidates for full membership shall be nominated by two members, and after their names have been exhibited on the club notice board for at least two weeks, shall be approved by the committee with not more than one dissenting vote.

5. Honorary Life Members. For exceptional service to the Club, not necessarily in an official capacity, members may, by resolution of a General Meeting, be elected to Honorary Life Membership with all the privileges of full membership.

6. Associate Members. Relatives and friends who wish to assist and to associate with the club be admitted as S.E.R.C Associate Members at an annual subscription of £2.00. They may attend meetings, racing and social events but shall not have the power to vote or be elected to any office other than one concerned with the associate members.

7. Officers.

a) The A.G.M. shall elect a president for a maximum of five years and may also elect Vice-Presidents in recognition of wholly exceptional service to the club.

b) The A.G.M. shall elect a committee of not more than 12 members including a General Secretary, Assistant Secretary, Treasurer, Time Trial Secretary, Club Events Secretary, Social Secretary, Assistant Treasurer, B.C.F Secretary, Assistant Club Events Secretary, Old Members Secretary, School Persons & Juniors Secretary, and Cyclo-Cross / ATB Secretary. The Committee will appoint one of it's members as Press Secretary.

c) Five shall be the quorum, provided that one be a principle officer - e.g. General Secretary.

d) The Committee shall transact all business. Any member absent from three consecutive meetings without giving satisfactory explanation shall be deemed to have resigned and the Committee may co-opt a replacement.

8. Auditors. Two non-committee members will be appointed annually to act as Auditors.

3.2 Racing Rules

1. Entry fees. (a) The entry fees for Club Events shall be 50p (30p for School Persons). (b) No member will be allowed to start in any event unless they are clear on the Club Books, and have previously paid their fee for the event.

2. Entry forms.

(a) Club Events: All Club events will be open to both sexes. The official entry form correctly filled in together with the fee must reach the Club Events Secretary not less than the Wednesday week prior to the event.

(b) Open Time Trials: The official entry form, together with the fee, should reach the Time Trial Secretary in good time for him to forward it to the promoting Club Secretary (normally 3 weeks before the event). Riders will be charged 20p for each Open event entry to cover postage.

(c) Road Race and Track Events: The official entry form, together with the fee must reach the promoting club's event secretary at least 3 weeks before the event, unless otherwise stated in the BCF handbook. **For Surrey and Kent League events, entries must be made via the SERC BCF Secretary at least 3 weeks before the event.**

3. Prizes. The number of prizes awarded in Handicap Events will depend on the number of entries for that event. Additional prizes may be awarded at the discretion of the committee.

Category	No. of entries	No. of fastest prizes	No. of hcp. prizes
(a) **Single**	5 - 7	1	1
(void if less than 5)	8 - 12	1	2
	12 +	2	2
(b) **Tandem**	5 - 7	1	1
(void if less than 5)	8 +	1	2
(c) **Tricycle**	3 - 4	n / a	1
(void if less than 3)	5 +	1	1

4. **Late Starts.** If a rider arrives late at the start, his time of reporting to the Timekeeper as being ready to start shall be recorded and his lateness shall constitute his penalty; he shall than be despatched at the discretion of the Timekeeper.

5. **Re-Starts.** Re-starts will be allowed at the discretion of the Timekeeper.

6. **Protests.** In the event of any alleged unfair riding, notice of protest should be given to the secretary immediately after the event or in writing within three days of the event.

7. **Club Championships.**
(All Club Champions hold their title for the ensuing year.)

(a) The **Club Time Trial Championship** shall be awarded to the rider with the fastest average speed over 25, 50 and 100 miles at the close of the season.

(b) The **Club Track Championship** shall be awarded each year as follows:-

1). to the rider gaining the most points in the Club Track Meeting, or if no Club Track Meeting is held in that year then

2). to the rider gaining the most points in Open or League events held under B.C.F. regulations.

Track Championship points in both instances are awarded as follows:- 3, 2, and 1 points for 1st ,2nd and 3rd places respectively. The onus shall be upon the rider to furnish written proof of their performances.

(c) The **Club Hill Climb Championship** shall be held each year and awarded to the rider with the fastest time.

(d) The **Club Road Race Championship** shall be awarded to the rider achieving the most B.C.F. points in Open or League events. The onus shall be upon the rider to furnish written proof of their performances.

(e) The **Veterans' B. A. R. Championship** shall be awarded each year to the rider with the fastest average speed, calculated in accordance with V.T.T.A. rules, over 10, 25, 50, and 100 miles in Club, Open, or Association events.

(f) The **Short Distance Championship** shall be awarded each year to the member with the fastest average speed over 10, 25 and 50 miles in Club, Open, or Association events.

(g) The **Junior Club Championship** shall be awarded to the junior rider (under 18 years old) with the fastest average speed at 10 and 25 miles.

(h) The **Cyclo-Cross Championship** shall be awarded to the rider with the highest total of points from any five events in the B.C.C.A handbook. Points are awarded as follows - 12 points for 1st place down to 1 point for 12th place. The winner receives the Mike May Trophy.

(i) The **Schoolboy Cyclo-Cross Championship** shall be awarded to the rider under 16 years of age with the most points from any five events in the B.C.C.A. handbook. 10 points are awarded for 1st place down to 1 point for 10th place.

A silver gilt Champions' medal is awarded annually to the winners of the above Club Championships where the awarded trophies are perpetual.

8. Courses. For the Club Time Trial Championship or any other Club time trial awards (except the Tom Cannon Memorial Shield) all "out and home" road courses used by the Club or any Association to which the Club is affiliated, or by any other Open event approved by the Committee, are eligible

9. **Club Records.** A Gilt Medal will be awarded to any full member who succeeds in breaking an Individual, Team or Veterans' Club record (Veterans' records are set for the highest '+', in accordance with the V.T.T.A. age standard tables). Where no record exists, the best performance at the end of the season to be taken as a record. That in any attempt on a Club Record, the time to be beaten shall be that standing at the commencement of the ride.

10. **Time Trial Standard Medals.** Time Trial Standard Medals are awarded to members equalling or beating the times shown in the Standard Tables (See section 4.2). Only one medal per distance may be taken in one year. Members must have beaten their previous best time for which they had received Club medals to qualify for further medals. Where a member has not gained a standard in the past five years, their previous best times will be disregarded. 1st Standards to be a gilt medal on a plinth; 2nd Standard a gilt medal, 3rd Standard a silver-gilt medal; 4th Standard a bronze medal. Time Trial Standard fees shall be as follows, payable on the Wednesday before the event:-

Category	Per even	Per distance for the year	All distance for the year
Senior	50p	£3	£8
Junior / School Person	50p	£1.50	£4
Tandems / Tricycles	50p	£3 per rider	£8 per rider
Veterans	50p	£3	£8
Track	50p	£3	£8
Track (School person)	50p	£1.50	£4

Members must register their claim for standard medals for the season by 30th October with the Time Trail Secretary.

11. **Club Awards.** To qualify for any Club award a rider must be first claim to the SERC and the ride must be under the Club name in (a) an open event, (b) a club event, (c) an SERC affiliated association event, (d) an approved record attempt, (e) [but not including the Tom Cannon Memorial Shield] membership of the Club, subject to Racing Rules 15 and 16.

12. **Proof.** The onus of proof rests entirely on the claimant. The committee's decision shall be final.

13. **Riding under the Club Name.** Participation in any open, association or record attempt under the name of any other club shall disqualify a member from membership of the club, subject to Racing Rules 15 and 16.

14. **National Championships.** When a rider or riders representing the Club in a National Championship held in an area other than that covered by the R.T.T.C London DC, travelling expenses may be granted at the committee discretion.

15. **Members in H.M. Forces.** Members serving in the H.M. Forces may compete under the name of their respective unit cycling club in events under R.T.T.C or B.C.F regulations, but such rides shall not qualify for any club award.

16. **Members living away from home.** Members spending considerable time in another part of the country may at the discretion of the committee either (a) ride as second claim of another club for the purpose of Local Association or Club events, or (b) ride as a first claim member of the other club whilst remaining a second claim member of the SERC in order to ride in SERC Club or Association events.

17. **End of Season.** The Club's racing season shall end on the 30th October each year except for Cyclo-Cross.

3.3 Important RTTC Regulations

- Competitors must ride in a safe manner **with their head up** and abide by the rules of the road.
- Competitors must use a machine in road worthy condition that is suitable for racing on.
- Competitors must start at the time allotted to them or lose the time they are late.
- Competitors must ride entirely alone and unassisted. They must not take shelter from any other rider (unless a team time trial) or from any vehicle on the road.
- Food and drink or other necessities may be handed up only by persons on foot.
- Competitors when dismounted must wheel or carry their machines without assistance whilst covering any portion of the course.
- Any competitor involved in or witness to an accident should have the accident reported to the promoting club event secretary as soon as possible.
- The South Eastern Road Club recommends the use of an approved safety helmet.

3.4 Important BCF Regulations

- Competitors are required to possess BCF membership and a valid racing licence. Day membership and racing licences are available for on the line entries.
- Competitors must wear an approved safety helmet.
- Competitors must use a machine in road worthy condition that is suitable for racing on. At most BCF events machines and spare wheels will have to pass a bike check.
- Riders must obey all road signs, traffic lights and any signal given by a police officer or race official and observe the law of the land relating to road races.
- No competitor shall take shelter from any other vehicle (other than competitors in the same race).
- Under 16's are restricted to gears of 42 x 13 and juniors (16-18) are restricted to 52 x 14.

3.4.1 Additional Surrey and Kent League Rules

- All entries with fees must be made via the Club's BCF secretary, at least three weeks in advance. Individual BCF entry forms sent directly to the organiser will NOT be accepted.
- Most races will accept entries on line ("EoL" in the BCF handbook) for a higher fee. Riders should check the availability of starting positions with the organiser.
- BCF licence and appropriate league membership cards must to be presented when signing on. If needed, day licences can be purchased on the spot.

4. CLUB AWARDS

4.1 Club Championship and Trophies.

Unless otherwise stated, all trophies are perpetual. A special award will be made to any rider recording three consecutive wins.

All trophies are for male of female riders unless otherwise stated.

A Junior rider is one who is under 18 years on the day of the counting event.

Trophies are listed in alphabetical order.

Blain Cup. Awarded annually at the discretion of the committee for outstanding performance or achievement, not necessarily in a racing capacity.

Club 30 Cup. Presented by Mrs G. Botley and awarded for the fastest 30 of the year.

Club 50 Cup. Purchased from Club funds and awarded for the fastest 50 of the year.

Club 100 Cup. Purchased from Club funds and awarded for the fastest 100 of the year.

Clubman Trophy. Awarded annually to the rider with the highest number of points gained in Club events, points to be awarded for the first eight places, both scratch and handicap, in time trials, and for the first eight places in the Hill Climb Championship.

Cyclo-Cross Championship. Refer to details under the Mike May Trophy.

Evening 10 Cup. Presented by J. Grant and awarded to the male rider under 16 years of age with the fastest aggregate of five Club Evening 10 mile events during the season.

F. W. Evans Memorial Cup. Purchased by the Club members in 1946 as a perpetual memorial to Mr F. W. Evans, president of the Club from its inception until his death in 1944. Awarded annually to the member riding a single bicycle or tricycle who does the greatest distance in an approved 12 hour event .

F. W. Evans (L.C.M.A.) Memorial Cup. Awarded to the winner of the S.E.R.C. Open 25.

Hill Climb Championship Cup. Presented by Mr and Mrs R. A. Oborne as a perpetual trophy and awarded to the winner of the Club Hill Climb Championship.

J. F. E. Wilde Memorial Trophy. Presented by H. W. Pink in memory of Jimmy Wilde, a long serving committee member, district timekeeper and who was involved in the organisation of activities for younger members of the Club. The trophy is awarded to a schoolboy who is attending full time day school and is under 16 years of age on the day of the event who achieves the best performances over three Open, Association or Club 10s and / or two highest placings in circuit road races and / or two best performances in track events, to be approved beforehand by the committee. Also a prize of £5.00 presented annually.

Junior 10 Cup. Presented by Mr Stratford and awarded for the fastest 10 of the year by a junior member.

Junior Championship Cup. This cup is to won outright each year by the Junior Club Champion - the rider under 18 years old with the fastest average speed over 10 and 25 miles.

Ladies' 10 Cup. Presented by A. V. and A. R. G. Stone in 1957 and awarded for the fastest 10 of the year by a lady member.

Ladies' 25 Cup. Presented by A. V. and A. R. G. Stone in 1957 and awarded for the fastest 25 of the year by a lady member.

Ladies' Evening 10 Cup. Presented by J. Grant and awarded to the lady rider with the fastest aggregate of three Club Evening 10 mile events during the season.

Ladies' Plaque. Presented by H. E. T. Brooker and awarded to the most improved Lady rider of the year.

Lou Smith Memorial Salver. First presented in 1984 and awarded annually in memory of Lou Smith, former President, long serving Club Officer and Coach. This trophy, purchased annually from the proceeds of the Lou Smith Memorial fund, is won outright by the winner on age standard in the Open "Lou Smith Memorial" Veterans Time Trial.

Mens' 10 Cup. Presented by Mr and Mrs R. G. Donington and awarded for the fastest 10 of the year by a male member.

Mens' 25 Cup. Purchased from Club funds and awarded for the fastest 25 of the year by a male member.

Mike May Trophy. Presented by Mrs E Russell in 1985 in memory of her late husband Mike May, who's Sons, both former members of the SERC, were keen Cyclo-Cross riders. The trophy is awarded to the winner of the Cyclo-Cross Championship, in accordance with Racing Rule 7(h), section 3.2.

Novices' Medal. A silver medal is awarded annually to the rider recording the fastest 10 mile time trial of the year in any Club, Open or Association event who in previous years had not ridden in events at this or greater distance.

Novices' Plaque. Presented by H. E. T. Brooker and awarded to the male rider with the fastest aggregate of three 25's in Club, Open or Association events who is in his first season of time trialling.

Old Members' Trophy. Presented by the Club's "Old Members", to be awarded to the winner on age standard in the Clubs Open Veterans' Time Trial.

Palmer Trophy. Awarded to the winner of the Short Distance Championship - the member recording the fastest average speed over 10, 25 and 50 miles.

Schoolboys' Cyclo-Cross Trophy. Presented by Mr and Mrs C. B. Mott and awarded to the winner of the Schoolboys' Cyclo-Cross Championship, in accordance with Racing Rule 7(i), section 3.2.

Section 50 Cup. Presented in 1938 by the S.E. Section and awarded to the fastest Club rider in the Inter-Club 50.

Slade Cup. Formerly the Dunlop Cup, re-presented to the Club as a perpetual memorial to Mr F. Slade, a founder member of the Club, by his wife Mrs O. Slade in 1984 and awarded to the fastest rider, of either club, in the Inter-Club 50.

Short Distance Championship. Refer to Racing Rule 7(f), section 3.2.

Short Distance Veterans' Competition. Awarded to the Veteran with the highest total "+", based on V.T.T.A. Age Standard Schedule Tables, calculated over their two best 10 and two best 25 mile events. The winner receives a silver gilt medal mounted on a plaque, for 2nd place a silver medal and for 3rd place a bronze medal.

Special Gold Medal. Presented to the Club by Mrs D. Roberts and will be awarded to the first Lady rider inside the hour for 25 miles.

Stone Time Trial Championship Cup. Presented by Mr and Mrs A. A. Stone in 1952 to replace the Dunlop Challenge Cup won outright in 1951. This was again won outright by H. W. Pink in 1956 and re-presented to the Club as a perpetual trophy. Awarded to the "Club Time Trial Champion" in accordance with Racing Rule 7(a), section 3.2.

Sundowner Cup. Presented in 1970 by Arthur Smith of Sydney, Australia. Awarded to the "Club Road Race Champion" in accordance with Racing Rule 7(d), section 3.2.

2up Team Time Trial Shield. Awarded to the winners of the Senior Open 2 up Team Time Trial.

"Tom" Cannon Perpetual Memorial Shield. Purchased by the Club members in 1930 as a perpetual memorial to Charles "Tom" Cannon, a founder member and the first Secretary of the Club, who died in 1929 aged 31. This shield is awarded for highest placings in Open events during the year by male or female members riding a solo machine. Qualifying performances on two or more occasions in one of any of the following:-

Time Trials	Placed in the top 6
Team Time Trials	Placed in the top 3
Road / Circuit Races	Elite, 1st Cat. rider placed in the top 5 2nd, 3rd, 4th Cat. riders placed in the top 4
Track (hard surface)	Two, top 3 places in 5 miles event or over Two, open scratch sprints Two, individual pursuits

These performances to be scrutinised by a panel of three, but in the case of a rider gaining a high placing in a National Championship, this will be the deciding factor in the case of a tie.

Thistle 10 Cup. Presented by D. P. Patterson and awarded to the fastest rider in a special event to be known as the Thistle 10.

Tricycle 25 Trophy. Presented by G. Williams and awarded for the fastest tricycle 25 of the year.

Veterans' B.A.R. Championship Trophy. Awarded to the member aged 40 years or over, in accordance with Racing Rule 7(e), section 3.2.

Veterans' Trophy. Presented by Mr and Mrs L. J. Smith and awarded to the rider with the highest total points in the Veterans' Competition, in accordance with the following rules :-

1. The competition is open to all members aged 40 years or over on the day of the event.
2. The counting rides take place in Club events only, excluding the Hill Climb.
3. The fastest Veteran on Handicap takes 10 points and pro-rata to the 10 fastest veteran who takes 1 point. ***Even if only two veterans compete, they still take 10 and 9 points. If more than 10 veterans compete, the points still only go to the ten fastest Veterans.***
4. At the conclusion of the season, the Veteran with the highest points total from their ***best 4*** counting events be declared the winner.
5. In any counting event, if a tie for a handicap position occurs, the total number of points will be shared by those riders, i.e. 2 Veterans both obtaining 1st Handicap will receive 9½ points each.
6. In the event of a tie for first place at the conclusion of the competition, the oldest Veteran will be declared the winner.

Veterans' Age Standard Medals. Age Standard Medals will be awarded, based on the V.T.T.A. Age Standard Schedule Tables at 10, 25, 30, 50 and 100 miles, and at 12 and 24 hour events. After winning an age standard award, to obtain another award in a later age group, the rider must beat their previous best time plus allowances for each additional year of age.

On payment of a fee of £3.00 in respect of each distance, a rider may make any number of attempts at this distance during the season, but only their fastest time or greatest distance shall be recorded. A payment of £8.00 shall cover all attempts at all distances on one type of machine.

Claims for age standard medals must be submitted at the end of the season. A rider must have a minimum of three medals to qualify for a plaque in lieu.

4.2 Time Trial Standards.

Standard medals are awarded for personal best performances in accordance with Racing Rule 10, section 3.2. The following tables show the times and distances which must be equalled or beaten in order to qualify for a medal.

4.2.1 Road Time Trial Standards

	1st Std.	2nd Std.	3rd Std.	4th Std.
Mens Bicycle				
10 miles	23-15	24-00	25-15	27-15
25 miles	58-30	1-00-30	1-03-45	1-09-30
30 miles	1-11-00	1-14-00	1-18-00	1-24-00
50 miles	2-02-00	2-06-15	2-11-45	2-22-00
100 miles	4-20-00	4-30-00	4-45-00	5-05-00
12 hours	245 mls	235 mls	225 mls	215 mls
24 hours	420 mls	400 mls	375 mls	345 mls
Ladies Bicycle				
10 miles	27-00	28-30	30-30	32-45
15 miles	41-15	43-15	46-15	49-00
25 miles	1-07-00	1-12-00	1-17-00	1-22-30
30 miles	1-23-00	1-27-15	1-32-30	1-39-00
50 miles	2-19-30	2-28-00	2-38-00	2-49-00
100 miles	5-00-00	5-15-00	5-34-00	5-58-00
12 hours	214 mls	203 mls	191 mls	175 mls
Mens Tandem				
10 miles	21-00	22-00	23-30	25-30
25 miles	54-30	56-15	59-15	1-04-15
30 miles	1-05-00	1-07-30	1-11-00	1-19-00
50 miles	1-52-00	1-56-00	2-02-00	2-12-30
100 miles	4-00-00	4-08-00	4-20-00	4-43-00
12 hours	250 mls	242 mls	232 mls	220 mls
24 hours	430 mls	408 mls	383 mls	355 mls

	1st Std.	2nd Std.	3rd Std.	4th Std.
Mens Tricycle				
10 miles	26-00	27-30	29-15	31-30
25 miles	1-09-00	1-12-30	1-17-00	1-22-30
30 miles	1-23-00	1-27-15	1-32-30	1-39-00
50 miles	2-21-30	2-28-30	2-37-30	2-48-30
100 miles	5-05-00	5-20-00	5-36-00	6-01-00
12 hours	214 mls	203 mls	191 mls	175 mls
24 hours	378 mls	359 mls	337 mls	310 mls
Ladies Tricycle				
10 miles	29-15	31-00	33-15	35-30
15 miles	44-45	47-00	50-15	53-15
25 miles	1-12-45	1-18-00	1-23-30	1-28-45
30 miles	1-30-00	1-34-45	1-40-15	1-47-15
50 miles	2-31-15	2-40-30	2-51-15	3-03-15
100 miles	5-25-00	5-41-15	6-02-00	6-28-00
12 hours	196 mls	186 mls	175 mls	160 mls
Mens Tandem Tricycle				
10 miles	23-00	24-30	26-30	29-00
25 miles	1-01-00	1-04-00	1-08-00	1-13-00
30 miles	1-13-45	1-17-30	1-22-15	1-30-00
50 miles	1-06-00	1-12-30	2-20-45	2-30-45
100 miles	4-32-00	4-45-00	5-02-30	5-24-30
12 hours	240 mls	230 mls	215 mls	200 mls
24 hours	420 mls	400 mls	375 mls	345 mls
Schoolboy (Under 16)				
10 miles	24-30	25-45	27-30	29-30
25 miles	1-04-00	1-06-30	1-10-30	1-15-00
30 miles	1-17-30	1-20-30	1-25-30	1-30-00

4.2.2 Track Time Trial Standards

	1st Std.	2nd Std.	3rd Std.	4th Std.
Mens Bicycle				
200 m F.S.	14.0	14.5	15.0	15.5
500 m F.S.	37.5	39.5	42.0	45.0
500 m S.S.	40.5	42.5	45.0	48.0
1000 m S.S.	1-19.0	1-21.0	1-25.0	1-29.0
4000 m Team	5-15.0	5-25.0	5-35.0	5-45.0
4000 m Indiv.	5-35.0	5-45.0	6-00.0	6-20.0
Ladies Bicycle				
200 m F.S.	17.0	17.5	18.0	18.5
500 m F.S.	42.0	43.5	45.5	48.5
500 m S.S.	45.0	46.5	48.5	51.5
1000 m S.S.	1-29.0	1-32.0	1-36.0	1-41.0
3000 m S.S.	4-50.0	4-56.0	5-05.0	5-21-0
Tandem				
200 m F.S.	13.5	14.5	16.0	17.5
500 m F.S.	35.0	37.0	39.5	42.5
500 m S.S.	38.0	40.0	42.5	45.5
Schoolboys				
200 m F.S.	14.5	15.0	15.5	16.0
500 m F.S.	39.5	41.5	44.0	47.0
500 m S.S.	42.5	45.0	48.0	51.5
1000 m S.S.	1-25.0	1-27.0	1-31.0	1-37.0
4000 m Team	5-35.0	5-45.0	5-55.0	6-05.0
4000 m Indiv.	6-00.0	6-10.0	6-25.0	6-40.0
Schoolgirls				
200 m F.S.	17.5	18.0	18.5	19.0
500 m F.S.	43.5	45.0	47.0	50.5
500 m S.S.	46.5	49.0	52.0	56.5
1000 m S.S.	1-36.0	1-39.0	1-43.0	1-48.0
3000 m S.S.	5-05.0	5-11.0	5-20.0	5-36.0

5. PERSONAL PERFORMANCES

SEASON .....

The following pages are provided to enable members to record their personal performances in Time Trials, Road and Track races during the season.

These details are required when entering Open events.

Event	Date	Time

Course	Fastest Rider and Time	Lost time

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